

# FXPro Walker



# DARCO

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## Technical data

### 5 Sizes:

XS (up to 3), S (3.5 – 5), M (5.5 – 7), L (8 – 11), XL (11.5 – 12.5)

- › available in knee-high and mid-calf versions
- › can be worn on the right or left leg

### Material:

Outer sole: TPR (Thermoplastic Resin)

Inner sole: EVA

Inner material: Polyester

Shaft: Nylon

## Cleaning instructions

To clean the shell and inner lining, please use lukewarm water (30° C possible) and mild soap if necessary. Wash the inside and dry immediately. Leave it in the open air to dry. Do not use a dryer with hot air.

## Caution

Your doctor has prescribed you a stabilising orthosis. The design of the rocker sole warrants a physiologically correct gait by means of the »rolling-off« movement. Walking with the FXPro Walker is more difficult than walking with conventional footwear and its correct application is essential for the walker's functionality – please read the instructions.

- › Do not attempt to drive while wearing this walker.
- › Use extreme caution when climbing stairs, stepping up onto curbs and walking on uneven surfaces.
- › Walk more slowly than usual. You are not wearing a normal street shoe and more clearance is required for the wedge sole.

The application of this aid should be supervised by a physician or healthcare specialist. In case of pain, swelling or skin irritation please call a doctor immediately!

Caution is required in patients with neuropathy to ensure that the walker does not restrict blood circulation. Patients should call their physician immediately if any tingling, burning, numbness or foul odour becomes noticeable.

If the product is improperly handled, its function and optimal safety can no longer be guaranteed. This aid is intended for single-patient use only.

## Instructions for use

### FXPro Walker

#### Stabilising orthosis

1. Open the hook and loop straps, remove the inner shoe of the walker and take out the hexagonal foam pad. (Figure 1)
2. Place the inner shoe around the leg and fasten it with the hook and loop straps. (Figure 2)
3. To enter the walker safely, spread the medial and lateral splints using both hands. (Figure 3)
4. Ensure when placing the foot in the walker that your heel is positioned securely in the back of the shaft (heel). If necessary, open the hook and loop straps on the back of the walker and close them to fit your lower leg. Now close the hook and loop straps on the front (starting with the straps close to the ankle). Ensure that the leg is comfortable in the walker. (Figure 4)

#### **Optional: Insertion of the foam pad (supplied as an accessory):**

The four hexagonal pads (Figure A) are used to immobilise and pad the ankle, thus allowing individual fitting. Place pads in areas where friction needs to be reduced or excessive space needs to be filled.

## Indications

- > Acute management of ankle sprains
- > Injuries of the superficial tissues in the lower leg
- > Stress fractures
- > Fractures in the foot and ankle joint region
- > Fractures in the metatarsal region
- > Achilles tendon injuries
- > Injuries in the forefoot, midfoot and hindfoot region
- > Postoperative immobilization
- > Strains and sprains of the lower leg, ankle or foot

#### **Contraindication:**

- > The FXPro Walker is not recommended when sensation in the foot and ankle region is impaired.

1.



2.



3.



4.



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